

MY PASSPORT



THROUGH THE SACRAMENTS

Name: _____

THIS LITTLE LIGHT OF MINE

This little Light of mine, I'm gonna let it shine
This little Light of mine, I'm gonna let it shine
This little Light of mine, I'm gonna let it shine
Let it shine, let it shine, let it shine!

Everywhere I go, I'm gonna let it shine
Everywhere I go, I'm gonna let it shine
Everywhere I go, I'm gonna let it shine
Let it shine, let it shine, let it shine!

Jesus is the light, I'm gonna let Him shine
Jesus is the light, I'm gonna let Him shine
Jesus is the light, I'm gonna let Him shine
Let Him shine, let Him shine, let Him shine!

God Made Me **Special**

I like to:

My picture:

I'm really good at:

I can serve God by:

FIRST RECONCILIATION AT-HOME WORK

LESSON 1

WHO IS INVOLVED?

Children will work with their parents and family to complete the work in this session.

WHAT MATERIALS DO I NEED?

- ☑ **Blessed** First Reconciliation workbook, chapters 1, 2, and 3
- ☑ Electronic device with internet access to watch video at <https://www.dynamiccatholic.com/plus/blessed-seasons.html>
(Be sure to watch the First Reconciliation videos, not First Communion.)
- ☑ Pencil or pen

CHAPTER 1 INSTRUCTIONS:

1. **Read** Chapter 1, pages 1-28, in your workbook.
2. **Watch** the following videos from Session 1 – *Count Your Blessings*:
 - Video 1 – *Welcome*
 - Video 2 – *You are Blessed*
 - Video 3 – *Count Your Blessings*
 - Video 4 – *My Journey with God*
 - Video 5 – *From the Bible: Gratitude*
 - Video 6 – *I am Blessed, I am Grateful*
 - Video 7 – *Closing Prayer*
3. **Complete** the following pages in your workbook:
 - *My Gratitude List*, page 8
 - *Show What You Know - True or False*, page 24
 - *Fill in the Blank*, pages 24-25
 - *Journal with Jesus*, page 27
 - *Closing Prayer*, page 28

CHAPTER 2 INSTRUCTIONS:

1. **Read** Chapter 2, pages 31-61, in your workbook.
2. **Watch** the following videos from Session 2 – *The Best Version of Yourself*:
 - Video 1 – *Happiness and Free Will*
 - Video 2 – *Making Decisions*
 - Video 3 – *The Greatest Commandment*
 - Video 4 – *Temptation, Sin, and Grace*
 - Video 5 – *From the Bible: Adam and Eve*
 - Video 6 – *Follow Your Conscience*
 - Video 7 – *Closing Prayer*

3. **Complete** the following pages in your workbook:
 - *Show What You Know – True or False*, page 62
 - *Fill in the Blank*, pages 62-63
 - *Journal with Jesus*, page 65
 - *Closing Prayer*, page 66

CHAPTER 3 INSTRUCTIONS:

1. **Read** Chapter 3, pages 69-97, in your workbook.
2. **Watch** the following videos from Session 3 – *God Sent Jesus to Save Us*:
 - Video 1 – *The Mess*
 - Video 2 – *Jesus' Birth and Childhood*
 - Video 3 – *Jesus' Ministry*
 - Video 4 – *The Cross, Resurrection, and Ascension*
 - Video 5 – *From the Bible: Pentecost*
 - Video 6 – *You and the Church*
 - Video 7 – *Closing Prayer*
3. **Complete** the following pages in your workbook:
 - *Show What You Know - True or False*, page 98
 - *Fill in the Blank*, pages 98-99
 - *Journal with Jesus*, page 101
 - *Closing Prayer*, page 102

- ☐ Did I **read, watch, and complete** everything needed for Chapter 1?
- ☐ Did I **read, watch, and complete** everything needed for Chapter 2?
- ☐ Did I **read, watch, and complete** everything needed for Chapter 3?

All done!

Don't forget to attend the First Reconciliation class on Saturday, October 17, 2026.

I will need to bring my bookmarked **Blessed-First Reconciliation** workbook and my **Passport Through the Sacraments** to the class.

Completion of Blessed – First Reconciliation Lesson 1:
Count Your Blessings, The Best Version of Yourself, God Sent Jesus to Save Us

Complete the prayer using the word bank.

OUR FATHER

Our _____, Who art in heaven,
_____ be Thy _____.
Thy _____ come; Thy _____
be done on _____ as it is in
_____. Give us this _____ our
daily _____; and _____ us our
_____ as we forgive those who
trespass against us;
and _____ us not into _____, but
_____ us from _____. Amen.

evil	Father	hallowed	will	name
earth	deliver	trespasses	lead	heaven
bread	kingdom	temptation	day	forgive

Complete the prayer using the word bank.

HAIL MARY

Hail Mary, full of _____,
the _____ is with thee.

_____ art thou amongst
_____, and blessed is the _____
of thy _____, Jesus.

Holy Mary, _____ of _____,
_____ for us _____, now and at
the _____ of our _____. Amen.

death	fruit	sinners	God
Blessed	pray	Lord	womb
Mother	grace	women	hour

Complete the prayer using the word bank.

GLORY BE

Glory be to the
_____ and to the _____
and to the _____.

As it was in the
_____ is now, and
ever shall be, _____
without _____. Amen.

world	Son	end
beginning	Father	Holy Spirit

Complete the prayer using the word bank.

GUARDIAN ANGEL

Angel of _____,
my _____ dear,
to whom God's love
_____ me _____.
Ever this _____ be at my
_____, to _____ and _____,
to _____ and _____. Amen.

rule	guard	entrusts	day	God
side	here	guardian	light	guide

FIRST RECONCILIATION AT-HOME WORK LESSON 2

WHO IS INVOLVED?

Children will work with their parents and family to complete the work in this session.

WHAT MATERIALS DO I NEED?

- ☑ **Blessed** First Reconciliation workbook, chapters 4, 5, and 6
- ☑ Electronic device with internet access to watch video at <https://www.dynamiccatholic.com/plus/blessed-seasons.html>
(Be sure to watch the First Reconciliation videos, not First Communion.)
- ☑ Pencil or pen

CHAPTER 4 INSTRUCTIONS:

1. **Read** Chapter 4, pages 105-126, in your workbook.
2. **Watch** the following videos from Session 4 – *Forgiveness and Healing*:
 - Video 1 – *God Loves Healthy Relationships*
 - Video 2 – *Forgiveness*
 - Video 3 – *What is a Sacrament?*
 - Video 4 – *God Will Always Love You*
 - Video 5 – *From the Bible: Our Father*
 - Video 6 – *I Am Blessed, I Am Grateful*
 - Video 7 – *Closing Prayer*
3. **Complete** the following pages in your workbook:
 - *Show What You Know - True or False*, page 128
 - *Fill in the Blank*, pages 128-129
 - *Journal with Jesus*, page 131
 - *Closing Prayer*, page 132

CHAPTER 5 INSTRUCTIONS:

1. **Read** Chapter 5, pages 137-168, in your workbook.
2. **Watch** the following videos from Session 5 – *Your First Reconciliation*:
 - Video 1 – *Great Moments in Life*
 - Video 2 – *The Garden of Your Heart*
 - Video 3 – *Preparation Matters*
 - Video 4 – *The Five Steps*
 - Video 5 – *From the Bible: The Prodigal Son*
 - Video 6 – *First, but Not Last*
 - Video 7 – *Closing Prayer*

3. **Complete** the following pages in your workbook:
 - *Show What You Know – True or False*, page 170
 - *Fill in the Blank*, pages 170-171
 - *Journal with Jesus*, page 173
 - *Closing Prayer*, page 174

CHAPTER 6 INSTRUCTIONS:

1. **Read** Chapter 6, pages 177-191, in your workbook.
2. **Watch** the following videos from Session 6 – *It's Only the Beginning*
 - Video 1 – *So Much to Look Forward to*
 - Video 2 – *The Will of God and Happiness*
 - Video 3 – *The Prayer*
 - Video 4 - *The Power of Great Habits*
 - Video 5 - *From the Bible: Jesus Went to a Quiet Place*
 - Video 6 – *Be Grateful*
 - Video 7 - *Closing Prayer*
3. **Complete** the following pages in your workbook:
 - *I Am Grateful For*, page 193
 - *Show What You Know - True or False*, page 196
 - *Fill in the Blank*, pages 196-197
 - *Journal with Jesus*, page 199 (to be completed after your First Reconciliation)
 - *Closing Prayer*, pages 200-201

- ☐ Did I **read, watch, and complete** everything needed for Chapter 4?
- ☐ Did I **read, watch, and complete** everything needed for Chapter 5?
- ☐ Did I **read, watch, and complete** everything needed for Chapter 6?

All done!

Don't forget to attend the First Reconciliation class on Saturday, November 14, 2026.

I will need to bring my bookmarked **Blessed-First Reconciliation** workbook and my **Passport Through the Sacraments** to the class.

Completion of Blessed – First Reconciliation Lesson 2:
Forgiveness and Healing, Your First Reconciliation, It's Only the Beginning



ACT OF CONTRITION

MY GOD, I AM SORRY for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.



FIRST COMMUNION AT-HOME WORK LESSON 1

WHO IS INVOLVED?

Children will work with their parents and family to complete the work in this session.

WHAT MATERIALS DO I NEED?

- ☑ **Blessed** First Communion workbook, chapters 1, 2, and 3
- ☑ Electronic device with internet access to watch video at <https://www.dynamiccatholic.com/plus/blessed-seasons.html>
(Be sure to watch the First Communion videos, not First Reconciliation.)
- ☑ Pencil or pen

CHAPTER 1 INSTRUCTIONS:

1. **Read** Chapter 1, pages 1-51, in your workbook.
2. **Watch** the following videos Session 7 - *Sunday is Special*:
 - Video 1 - *Keep Counting Your Blessings*
 - Video 2 - *Your Journey with God Continues*
 - Video 3 - *God Loves to Celebrate*
 - Video 4 - *What Makes Sunday Special*
 - Video 5 - *From the Bible: Creation*
 - Video 6 - *Listening to God at Mass*
 - Video 7 – *Closing Prayer*
3. **Complete** the following pages in your workbook:
 - *Show What You Know - True or False*, page 46
 - *Fill in the Blank*, pages 46-47
 - *Journal with Jesus*, page 49
 - *Closing Prayer*, pages 50-51

CHAPTER 2 INSTRUCTIONS:

1. **Read** Chapter 2, pages 53-76, in your workbook.
2. **Watch** the following videos from Session 8 - *The Greatest Event on Earth*:
 - Video 1 - *The Ultimate Prayer*
 - Video 2 - *God's House*
 - Video 3 - *The Third Commandment*
 - Video 4 - *Listening to God*
 - Video 5 - *From the Bible: The Road to Emmaus*
 - Video 6 - *So Many Wonders*
 - Video 7 – *Closing Prayer*

3. **Complete** the following pages in your workbook:
 - *Show What You Know - True or False*, page 72
 - *Fill in the Blank*, pages 72-73
 - *Journal with Jesus*, page 75
 - *Closing Prayer*, page 76

CHAPTER 3 INSTRUCTIONS:

1. **Read** Chapter 3, pages 79-103, in your workbook.
2. **Watch** the following videos from Session 9 – *The Word of God*:
 - Video 1 - *Overview of the Mass*
 - Video 2 - *The Introductory Rites*
 - Video 3 - *The Liturgy of the Word*
 - Video 4 - *We Believe*
 - Video 5 - *From the Bible: The Sower of Seeds*
 - Video 6 - *Wear It Out*
 - Video 7 – *Closing Prayer*
3. **Complete** the following pages in your workbook:
 - *Show What You Know True or False*, page 104
 - *Fill in the Blank*, pages 104-105
 - *Journal with Jesus*, page 107
 - *Closing Prayer*, page 108

- ☐ Did I **read, watch, and complete** everything needed for Chapter 1?
- ☐ Did I **read, watch, and complete** everything needed for Chapter 2?
- ☐ Did I **read, watch, and complete** everything needed for Chapter 3?

All done!

Don't forget to attend the First Communion class on Saturday, January 16, 2027.

I will need to bring my bookmarked **Blessed-First Communion** workbook and my **Passport Through the Sacraments** to the class.

Completion of Blessed – First Communion Lesson 1:
Sunday is Special, The Greatest Event on Earth, The Word of God

Holy Eucharist Word Search



Jesus
Body
Blood
Communion
Eucharist
Holy

Altar
Mass
Sacrament
Chalice
Host
Wine

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FIRST COMMUNION AT-HOME WORK LESSON 2

WHO IS INVOLVED?

Children will work with their parents and family to complete the work in this session.

WHAT MATERIALS DO I NEED?

- ☑ **Blessed** First Communion workbook, chapters 4, 5, and 6
- ☑ Electronic device with internet access to watch video at <https://www.dynamiccatholic.com/plus/blessed-seasons.html>
(Be sure to watch the First Communion videos, not First Reconciliation.)
- ☑ Pencil or pen

CHAPTER 4 INSTRUCTIONS:

1. **Read** Chapter 4, pages 111-135, in your workbook.
2. **Watch** the following videos from Session 10 – *The Eucharist*:
 - Video 1 - *Food for the Soul*
 - Video 2 - *Liturgy of the Eucharist*
 - Video 3 - *Holy Communion*
 - Video 4 - *The True Presence*
 - Video 5 - *From the Bible: The Last Supper*
 - Video 6 - *Jesus is in You*
 - Video 7 – *Closing Prayer*
3. **Complete** the following pages in your workbook:
 - *Show What You Know - True or False*, page 136
 - *Fill in the Blank*, pages 136-137
 - *Journal with Jesus*, page 139
 - *Closing Prayer*, page 140

CHAPTER 5 INSTRUCTIONS:

1. **Read** Chapter 5, pages 143-157, in your workbook.
2. **Watch** the following videos from Session 11 – *Your First Communion*:
 - Video 1 - *This is a Special Day*
 - Video 2 - *You're Growing Up*
 - Video 3 - *Preparation Matters*
 - Video 4 - *The Eucharist Empowers Us to do Great Things*
 - Video 5 - *From the Bible: The Visitation*
 - Video 6 - *Your First but Not Your Last*
 - Video 7 – *Closing Prayer*

3. **Complete** the following pages in your workbook:
 - *Show What You Know - True or False*, page 158
 - *Fill in the Blank*, pages 158-159
 - *Journal with Jesus*, page 161
 - *Closing Prayer*, page 162

CHAPTER 6 INSTRUCTIONS:

1. **Read** Chapter 6, pages 165-185, in your workbook.
2. **Watch** the following videos from Session 12 – *The Eucharist*:
 - Video 1 - *Made for Mission*
 - Video 2 - *Your Parish Family*
 - Video 3 - *Go Make a Difference*
 - Video 4 - *The Power of Prayer*
 - Video 5 - *From the Bible: I Will Be with You Always*
 - Video 6 - *Trusting God*
 - Video 7 – *Closing Prayer*
3. **Complete** the following pages in your workbook:
 - *Show What You Know - True or False*, page 186
 - *Fill in the Blank*, pages 186-187
 - *Journal with Jesus*, page 189
 - *Closing Prayer*, page 190-191

- ☐ Did I **read, watch, and complete** everything needed for Chapter 4?
- ☐ Did I **read, watch, and complete** everything needed for Chapter 5?
- ☐ Did I **read, watch, and complete** everything needed for Chapter 6?

All done!

Don't forget to attend the First Communion class on Saturday, February 20, 2027.

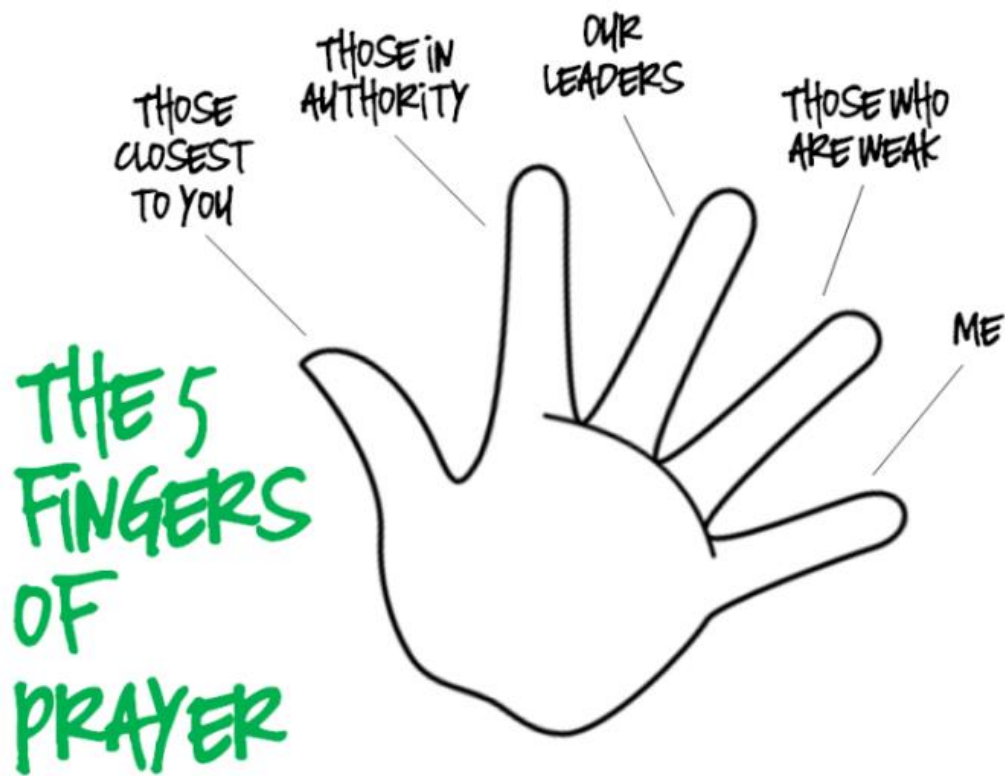
I will need to bring my bookmarked **Blessed-First Communion** workbook and my **Passport Through the Sacraments** to the class.

Also, remember your First Communion retreat on Saturday, April 10, 2027.

Completion of Blessed – First Communion Lesson 2:
The Eucharist, Your First Communion, God's Family

CONGRATULATIONS!!

You've completed
The First Reconciliation and First Communion Program
at St. Mark's Catholic Church.
May God bless you during your First Communion and always.



I am a
CHILD
of God.

I know it. I live it. I love it.